



Term 1, 2020 – Cross Country Carnival – Years 3-6

Friday 13 March

Dear parents and carers,

The annual Balmain Public School **Cross Country Carnival will be held on Wednesday 1 April, Week 10, at Mort Bay Park, Balmain.** Students will leave school at 9:00 am and will walk to the venue with their class and teacher. Students will then have an opportunity to walk the duration of the course by approximately 9:30 am. At the conclusion of the carnival, all students will walk back to school by approximately 12:30 pm. Break B and class will resume as per normal for the remainder of the day.

Attendance is compulsory for **ALL students in Years 3-6.** Any students in **Year 2 who are** currently 8 years old or are **turning 8 this year, in 2020,** are invited to participate.

We will also need parent helpers on the day, to act as markers throughout the course. If you are available on the day to assist between 9:00 am – 12:30 pm, it would be greatly appreciated. Please contact Ms Ferguson and Mr Carlton via the following email address: balmainps@gmail.com with the subject line “ATTN: Ms Ferguson – Cross Country Carnival”

VENUE:	Mort Bay Park, Balmain
DATE:	Wednesday 1 April 2020
TIME DEPARTING SCHOOL:	9:00 am
TIME RETURNING TO SCHOOL:	12:30 pm
TRANSPORT:	Walking
WHAT TO WEAR:	School uniform or sports house shirt, running shoes, hat
WHAT TO BRING:	Sunscreen, plenty of water, morning tea

Term 1, 2020 – Cross Country Carnival – Permission Note

I give permission for my child _____ of class _____ to attend the Cross Country Carnival on Wednesday 1 April 2020, at Mort Bay Park, Balmain.

I understand that my child will be walking to and from the venue with their class and teacher. I understand that students will leave school at 9:00 am and will arrive back at school at approximately 12:30 pm.

THERE IS NO COST INVOLVED.

Parent / Carer signature: _____ Date: _____

Please complete both sides of this form and return the whole form to the office payment box by Friday 27 March, Week 9.



Term 1, 2020 – Cross Country Carnival – Medical Insurance Note

Information about Medical Insurance should be read and signed to ensure your child is able to take part in this event.

In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education and Communities for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, school sport zone, area and state school sport associations when deciding whether additional insurance cover is required.

Personal accident insurance cover is available through normal retail insurance outlets. Parents who have private ambulance cover also may want to check whether that cover extends to interstate travel and make additional arrangements as considered appropriate. The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty of the use of some prescribed part of the body. Further information can be obtained from www.sportinginjuries.com.au

Further information regarding student accident insurance and private health cover is provided at: <http://www.sports.det.nsw.edu.au/spguide/activities/general/resources/protection.php#medi>

Please read the declaration below and return the signed slip for your child to participate in the Cross Country Carnival.

Regards,
Maria Lambos - Principal

Term 1, 2020 – Cross Country Carnival – Medical Insurance Note

Parent / Carer's Declaration:

- I have read the information issued and I hereby consent to my child _____ participating in this carnival.
- In the event of an accident or illness, I authorise the obtaining, on my behalf, an ambulance and any such medical assistance that my child may require. I accept full responsibility for all expenses incurred.
- To assist management at the carnival and to the best of my knowledge, my child has no medical condition or injury that places them at risk in participating in this sport activity.

Parent / Carer Signature: _____ Date: _____

Please complete both sides of this form and return the whole form to the office payment box by Friday 27 March, Week 9.