



PIGEON POST

Learn ~ Live ~ Lead

Dates for the Diary

• MARCH

- Every Friday until 7th April
~ FOOTSTEPS

- **Thurs 9 Mar ~**
Selective High
School
Placement Test
(Year 7 2018)

- **Fri 10 Mar ~**
P&C
WELCOME
EVENING (see
flyer)

• APRIL

- Every Friday until 7th April
~ FOOTSTEPS
- Fri 7 Apr ~ LAST DAY OF
TERM ONE

Blowing our trumpet...



**‘The very essence of leadership
is that you have to have vision.
You can’t blow an uncertain
trumpet.’ ~ Theodore Hesburgh**

Read all about it on page 2...

Maria Lambos ~ Principal

Over 100 tickets sold...

Welcome Drinks

FRIDAY!

**Tickets on sale
now!!!!**

www.flexischools.com.au

Help Hope Cure...

Tickets are still available at the Office if you'd like to help the Stilwell family raise the funds needed to try and help their little boy, Harry, who unfortunately has been diagnosed with Batten Disease.

Only \$20 each...



Blowing our trumpet...

Our teachers (and students) are becoming experts in the field of **investigative learning** - so much so, that Ms Lovett, Ms Davis and Ben S from 6EN were invited to present at the recent 'Ignite the Spark' conference at the UNSW, which ran over two days - Friday 17/2 and Saturday 18/2.

<https://education.arts.unsw.edu.au/events/ignite-the-spark-fuel-the-fire-innovative-differentiation/>

We know we have dedicated staff when they are willing to promote our school on a Saturday!

The theme of the conference was **Innovative Differentiation**. Our teachers presented on one of our Strategic Directions from Balmain's School Plan: the **Keeping It REAL** (*Rich, Engaging and Active Learning*) initiative.

Ms Davis showcased investigative learning K-1, while Ms Lovett discussed a wide range of investigative initiatives happening in Yrs 2 - 6, including **Project-Based Learning**, or *PBL*, **Self-Organised Learning Environments**, or *SOLE*, flexible grouping, student choice in learning and the OC's program, **Freedom to Learn**, or *F2L*.

Ben was instrumental in wowing the delegates with his own rendition of one of Tolkien's rhymes from *The Hobbit*. Ben put this rhyme to music and sang his composition. He developed this task as part of his *F2L* work.

As a result of this presentation, several delegates expressed interest in coming to observe our programs here at BPS. Thank you **Lynda, Ariana** and **Ben**, for presenting our school in a public forum so so favourably.



Balmain Public School
2017 Parents Welcome Drinks
“Tropical Island Resort”



Friday 10th March at 7pm
Dress: 5 Star Resort Wear



Tickets \$40 (includes food and 2 drinks)



Available at
www.flexischools.com.au



A HUGE THANKS...

...to the following businesses supporting our school

by donating for the Silent Auction @ our P&C Welcome Evening!!!

Kafeine <http://www.kafeine.com.au/#kafeine>

Fundamental <https://www.facebook.com/Fundamental-Cafe-Restaurant-210474555223/>

Brays Books <https://braysbooksblog.wordpress.com>

The Village Sport <http://www.villagesport.com.au>

Locks Hair Salon <http://lockshair.com.au>

Cafe Berlin <https://www.facebook.com/cafeberlin2041/>

Bertoni <https://bertoni.com.au/balmain/>

Rebel Fit <http://www.rebelsport.com.au/Stores/REBELFIT-BALMAIN/73>

Woolworths <http://www.storelocate.com.au/woolworths/balmain.html>

Nature's Energy <https://www.naturesenergy.com.au/pages/balmain>

The Riverview Hotel <http://www.theriverviewhotel.com.au>

East Village Hotel <https://www.facebook.com/eastvillagebalmain/>

Our Place <http://www.ourplaceondarling.com.au>

Body Ethos <http://body-ethos.com>

Kazbah Balmain <http://kazbah.com.au/balmain/>

Quirkee Birds <https://www.facebook.com/sofialonderofashion/>

Endota Spa <https://endotaspaspa.com.au/find-a-spa/new-south-wales/metro/rozelle/>

Hill of Content <http://hillofcontentbookshop.com>

Gelatissimo <https://www.facebook.com/gelatissimobalmain/>

Royal Oak Hotel <https://www.facebook.com/TheRoyalOakBalmain/>

The Workers Bar and Kitchen <http://www.theworkersbalmain.com.au>

Katoomba Scenic World <http://www.scenicworld.com.au/?>

[gclid=Cj0KEQIAxeTFBRCGmlq_7rGt_r8BEiQANdPqUvslwQYaLYIMGvNaBKFdGJwAIEBlz21CFqUqGHxRGW4aAn5b8P8HAQ](http://www.scenicworld.com.au/?gclid=Cj0KEQIAxeTFBRCGmlq_7rGt_r8BEiQANdPqUvslwQYaLYIMGvNaBKFdGJwAIEBlz21CFqUqGHxRGW4aAn5b8P8HAQ)

Petbarn <https://www.petbarn.com.au/store-finder/rozelle>

Hungry Bull Co. Balmain <https://www.facebook.com/hungrybullco/>

Dogue Balmain <https://dogue.com.au/pet-shops/balmain/>

KX Pilates Balmain <http://kxpilates.com.au/studio/balmain-pilates-studio/>

One Ford Street <http://www.onefordstreet.com.au>

Northstar Martial Arts <http://northstarmartialarts.com.au>

Il Casale Nobili <http://www.ilcasale.com.au>

Zjoosh <https://www.zjoosh.com.au/stores>

The Butterfly Effect <http://www.butterflylaserclinic.com.au>

Contessa Balmain <http://contessabalmain.com.au/#1>

Babycakes by Renee <http://www.babycakesbyrenee.com.au/baby-cakes-story>

Wilhemina's <http://www.wilhelminas.com.au>

The Lodge Bar <http://www.thelodgebar.com.au>

The Cottage Bar and Kitchen <http://thecottagebalmain.com.au>

Blooms Chemist <http://www.blooms.net.au/chemist/balmain/>

International School of Music <http://ismleichhardt.com.au>

MusicanDo <http://australiacatalog.com/musicando-singing-and-piano-tuition-balmain/>

The London Hotel <http://www.londonhotel.com.au>

Papa Joe and Co. <https://www.facebook.com/PapaJoeCo/>



Safety @ BPS...

The safety and wellbeing of all students, staff and community at Balmain Public School is of utmost importance, at all times. We are bound by Health & Safety (previously known as Work, Health & Safety) regulations, in ensuring we are following policy and that procedures are in place.

As part of following guidelines, we have developed evacuation, lockdown and lockout procedures, as well as practising these procedures regularly. Evacuation drills must occur every 6 months and it is recommended that lockdown and/or lockout drills should occur in between the evacuations. It therefore works out that each term, there will be a practise/drill of either evacuation and lockdown/lockout. This is common practice; it has been occurring every year and will continue.

The terms **evacuation**, **lockdown** and **lockout** are universal and used throughout any workplace, school and public areas. We must also use this terminology (as per Health & Safety Directorate definitions and examples below):

- **Evacuation** - This action is used after the decision is made that it is unsafe to remain in the buildings, e.g. fire
- **Lockdown** - This action is used after a decision is made that being indoors would provide a greater level of protection to students and staff, e.g. where there are school intruders. Lockdown minimises access to the school and secures staff and students in rooms
- **Lockout** - This action is used to prevent unauthorised persons from entering the school, and is commonly used when the threat is general or where incidents are occurring off the school property e.g. a riot or passing demonstration, nearby siege etc. This procedure allows school activities to continue as normally as possible during the outside disruption.

As you are aware, we sent out some communication last week re: a lockdown. As communicated, there was no immediate danger or threat to anyone at our school, with no emergency services required. Last week's lockdown was not due to a serious incident, but used purely as a precautionary measure. The Department's policy stresses the importance of keeping staff, students, parents and the community informed to dispel rumours. The conveying of information to the school community occurs at the discretion of the Workplace Manager.

Had the school been under any imminent or live threat/danger, the communication would have been immediate, after ensuring we were following procedures, with regular updates as necessary.

I apologise, again, for any concern that may have been caused by the delay in sending communication about the lockdown. Please be assured that you will be advised, as soon as is practical, of any serious incidents at Balmain Public School.

2 Cairo



After going on holiday with some of the other teachers at Balmain, Miss Curry was so excited to return to her new class, 2 Cairo, and even reunite with some of her previous students.

Now all the Year 2 students are designing a city to build on a deserted island that Miss Curry and the other teachers discovered while on holiday!



2 Cairo work with their neighbour class, 2 Machu Picchu, to create and design their cities. Everybody in the group takes turns in being the reporter, scribe, material manager and leader.



2 Cairo love working with their buddy class, 5 Louvre.
We learn about our buddies and sometimes they help Year 2 with PBL (Project-Based Learning).
This week, the buddies came up with their own plays to demonstrate being friendly and inclusive.



2 Cairo have shared stories they've read during guided reading, through role play.
It turns out we have quite a confident and talented group of actors among the class.





www.flexischools.com.au

DON'T FORGET TO GET YOUR ORDERS IN TERM 4 MENU BY THURSDAY 9AM!

Feb 10

SUSHI

Mar 10

Meat Pies

Feb 17

Dumplings

Mar 17

Pork & Rice

Feb 24

Sausage Rolls

Mar 24

Chicken Schnitzel

Mar 3

Beef & Rice

Mar 31

Pizza



KAFEINE



NOW TAKING SUMMER UNIFORM DONATIONS

EVERY WEDNESDAY from 0830-0855
Starting: Wednesday 15th February

**WE ARE IN URGENT NEED OF ANY UNIFORM CLOTHING -
LET'S PUT THEM TO GOOD USE BY GIVING THEM A NEW HOME.**

All donations can be:

- [1] Placed in the labelled plastic bin close to the lost property.**
- [2] Given at the collection stall by the hall before lines.**

**Please ensure that all clothing is clean, in sellable condition and
clearly marked as a donation.**

Prices will range from \$2 per item to half retail price for unworn or mint condition clothing.

**Please contact Melissa [meljwilkinson@yahoo.com.au] or Jane [jane.williams@gmail.com] with queries
or if you are able to help with the stall on Wednesdays.**

This initiative is organised by the P&C; any profits go directly into making our school even better.



Mustard ☞ Seed



The Art of Puppetry

Join us on an exciting journey as we learn The Art of Puppetry. Students will learn how to convey character, emotion and story through the use of puppets, extending their creativity outside of their own body.

This program is part one of a two-term program; where students will learn the technique, create their own puppets and devise a performance to show all their friends and family.

Mustard Seed Productions Drama is a fun and exciting drama school, teaching children the fundamentals of performance.

We provide students with skills in:

- Confidence
- Team work
- Performance
- Public Speaking
- Devising

*****Term 1 Special*****

Refer a friend and receive
\$20.00 off your booking fee

Valid for up to 2 referrals

For term 1 only

Details:

Thursday's 5.15 - 6.15pm

February 9 - April 6

9 weeks

Balmain Scout hall

Mort St, Balmain

\$155.00 per child

Primary aged children

For more info and to book contact Emily on:

0403 755 031

mustardseedproductions.info@gmail.com



Balmain Public School 2017 Parents Welcome Drinks *“Tropical Island Resort”*



Friday 10th March at 7pm
Dress: 5 Star Resort Wear



Tickets \$40 (includes food and 2 drinks)



Available at
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The FRIENDS OF RIVERSIDE invite you to

'Riverside Connect'

Saturday 18 March 3-7pm @ Riverside Girls High School

Launch of the friends of Riverside and annual welcome to all past, present and future students, family and friends. Wander the grounds and buildings and engage in the history of the school

Show your support for one of the most outstanding comprehensive public schools in NSW

Re connect with old friends and teachers past and present to reminisce and celebrate

Book online or just roll up, celebrate our multicultural and international school with food stalls, coffee baristas, cakes, drinks and more.

Feel free to bring a picnic rug.

Free entertainment including: musical performances, comedy acts and historical display, learn circus tricks in the gym (additional cost)

Fire spinning FINALE to start at 7pm –

Sponsor a tree or PE equipment or help us develop a landscape master plan for the site.

Ticket Price

Pre booked Adult \$10 ea / Student \$5 ea / Family (2 adults and 2 students) \$20

At the door on the day

Adult \$15 ea / Student \$7.50 ea / Family (2 adults and 2 students) \$30)



the

WATER BABIES

- a folk opera

ensemble concert

An innovative new work by
Australian composer/librettist

FREDDIE HILL

Saturday March 04: 7.30pm

Sunday March 05: 6.30pm

KINDLEHILL PERFORMANCE
SPACE

8 Lake St., Wentworth Falls, Blue Mountains

TICKETS: available at door

Full: \$35

Concession \$25

Child: \$15

Family economy Package (2 adult, 2 children) \$80

or online: www.eventbrite.com.au/e/the-water-babies-a-folk-opera-b

freddie-hill-tickets

<https://www.facebook.com/events/738440712974405/>

painting by Ainsley Bullingham



Scratch for Beginners

CALLING ALL KIDS AGED 8-11

Want to learn computer coding?

Want to have fun learning how to develop animations and games?

Join us in this four week programme and learn how to code using Scratch

Balmain Library

Ages 8-11

4 Week Programme

Wednesdays at 3:45 pm

8, 15, 22, 29 March 2017

Limited Spaces - Bookings Essential

Online or Call 9367 9211



LEIGHARDT & BALMAIN LIBRARIES



MACQUARIE ADHD Parent Support Group

*Supporting parents and carers of children & teens with ADHD,
learning difficulties, and co-existing conditions.*

Dr Peter Powell

Psychologist

&

Brenda Inglis-Powell

Group Program Coordinator,
Pastoral Counselling Institute

Raising Difficult Children

Dr Peter Powell and Brenda Inglis-Powell specialise in working with families of difficult children, such as those affected by ADHD, educational and behavioural difficulties. Their experience of these conditions is very personal, having ADHD in their own family.

The Powell's developed a **Raising Difficult Children Program** ©, which provides practical techniques and strategies to assist both parents and professionals at home and at school. They are committed to helping parents and carers become more confident in their parenting to enable their children to reach their full potential. Given their own ADHD experiences, the Powell's have deep insight into what works.

Copies of their book "Raising Difficult Children" will be available for purchase for \$20.

WHEN: Thu 9 March 2017

TIME: 7.00pm – 9.00pm

VENUE: Dunmore Lang College, (adjacent to Macquarie University)

130-134 Herring Road, North Ryde, NSW 2113

Public Transport: Macquarie Uni railway station. Off-road & street parking.

BOOKINGS: www.trybooking.com/257097

DONATION: \$5.00 for catering at the door.

All Welcome - Stay for supper to meet the speaker and other parents.

ADHD Centre Helpline

Ph: 02 9889 5977 / 0416 111 036

Email: info@macquarieadhd.org.au



Bedwetting is common in children and causes anxiety around the time of school camps

Dear Mrs Lambos

We find that the subject of bedwetting is not one that will normally be raised in a school situation, but it can seriously affect children in many ways.

We work with many parents who are referred by their family G.P. however this information is also relevant for parents who may not have approached a doctor yet or think this is just part of “growing up” with no direct solution.

At the Bedwetting Institute we have designed an effective program that addresses the causes of bedwetting and offers a practical and achievable method of curing the problem. Would you please include the following notice in your next School Newsletter to help notify parents that they are not alone with this dilemma and that help is available?

Bedwetting Institute

A DVD based program to cure bedwetting, with Dr Mark Condon, and Physiotherapist, Margaret O'Donovan has been developed by the Bedwetting Institute. This DVD outlines a successful, four step program for parents to implement at home with their children. For a free Bedwetting Fact Sheet please visit the information section on the website:

www.bedwettinginstitute.com.au

“Thank you so much, it has made such a difference to our lives and to his confidence. He can now look forward to next year’s camp instead of dreading it in case he has an ‘accident’ in front of his friends.” Jane

Yours sincerely

Louise Kenny

Director

BPharm GradDipHPharm(Syd.)

**Bedwetting
Institute**

Telephone: 1300 135 796

P.O. Box 1197; Broadway NSW 2007

www.bedwettinginstitute.com.au



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