



# PIGEON POST

Learn ~ Live ~ Lead

## Dates for the Diary

- Wed 5 Apr ~ P&C AGM & Meeting ~ 7pm
- Fri 7 Apr ~ LAST DAY OF TERM ONE
- **Fri 7 Apr ~ Easter Hat Parade ~ 1:30pm**
- Mon 24 Apr ~ Staff Development Day (off-site) ~ NO STUDENTS
- Tues 25 Apr ~ ANZAC DAY
- Wed 26 Apr ~ Term 2 commences ~ STUDENTS RETURN



## Buddies @ Balmainps...

The Buddy Up program @ Balmain Public School is one that we are very proud of. Kindies have been buddied up with Year 6, Year 2 with Year 5, as well as Year 1 with the 3 Stage Two classes: 3/4C, 3/4M and 3/4P. The buddies get together to participate in a variety of activities and learning experiences.

At the moment, buddy classes are working on Easter hats for our Easter Hat Parade on Friday 7 April at 1:30pm. We hope you can join us for the fun before our school holidays commence.

*Maria Lambos* ~ Principal



Cupcake Day for RSPCA was an absolute success on Wednesday, with an amazing amount of

**\$524.95**

being raised.

As part of our motto: **Learn~Live~Lead**, we certainly encourage non-traditional leadership opportunities.

This leadership initiative was undertaken by a group of girls from Stage Two: **Laila R, Winnie M, Phoebe M, Eva S, Hannah B and Alexia K.**

**Congratulations** to these girls, as well as the baking fairies involved! You've done an incredible job that you should be very proud of!

## Easter Hat Parade

**Come and join our  
Easter Hat Parade...**



**Friday 7 April**

**@ 1:30pm**

**in the Playground**



**You are welcome to take your child with you afterwards...please see the class teacher before you go!**

## Notice

# BPS P+C Association Annual General Meeting (AGM) 2017

### Background

Under the BPS P+C Association Constitution, an Annual General Meeting (AGM) must be held once in every Calendar year.

The AGM will be held at **7:00pm** on **Wednesday 5 April 2017** in the **BPS staff room**.

The AGM is advertised to the whole school community and all P+C Association Members at least 14 days prior to the meeting.

A copy of the AGM Agenda is attached to this Notice. In short, the AGM comprises a set of Business Items:

- Minutes of previous AGM
- President's Annual Report
- Treasurer's Annual Report
- Audited Statement of Income & Expenditure (certified)
- Appointment of Auditor for the relevant year

This is then followed by the election of Office Bearer and other P+C positions.

**All P+C Office Bearers and Subcommittee Co-ordinator positions become vacant** at the AGM and can be filled by nomination. The positions to be made vacant are as follows:

### Office Bearers

- The President
- The Vice President (x2)
- The Treasurer
- Secretary

### Subcommittee Co-ordinators

- Communications / Events Co-ordinator
- Canteen Co-ordinator
- Canteen Liaison / Roster Co-ordinator
- Band / Choir Liaison Co-ordinator
- Playground Upgrade Committee Co-ordinator
- Balmain Fun Run Committee Co-ordinator

All nominees for vacant positions must be Members of the BPS P+C Association. Additional information on the AGM can be found on the PBS website and P+C link



# Crazy day

On the Friday the 7<sup>th</sup> of April, there will be a *crazy* day!

**Wear crazy hair and crazy clothes to school.**

Please bring a gold coin donation.



The event is being held to raise money for Batten Disease.

All money will go to Batten Disease Support and Research Association.





## Project Based Learning (PBL)

### 'We Built This City'

Stage 1 have been very busy this term with our PBL design-and-make task! So far we have researched our environments (rainforests, mountains, beaches and deserts), drawn maps of our cities, and designed flags.

1 Yosemite have now begun making models of our cities using a variety of construction materials.

We also have a panel of special judges coming in next week to judge and select the best city design!







## Making our Easter Hats

### Working with our Year 3/4 buddies

1 Yosemite wanted to give a BIG thank you to our buddies and teachers in 3/4M, 3/4P and 3/4C, for helping us make our Easter Hats.



Our afternoon was filled with a lot of glitter, glue, stickers, chickens and eggs!

We are very excited to show off our Easter hats in the parade on the last day of school.



# Bullying at School

The national definition of bullying for Australian schools says:

Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Behaviours that do not constitute bullying include:

- mutual arguments and disagreements (where there is no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence.

However, these conflicts still need to be addressed and resolved.

Bullying has three main features:

- It involves a misuse of power in a relationship
- It is ongoing and repeated, and
- It involves behaviours that can cause harm.

from: <https://bullyingnoway.gov.au>

The **Bullying. No Way!** website also has a section for parents and carers:

<https://bullyingnoway.gov.au/YourRole/Pages/For-Parents-and-carers.aspx>

Outside of the classroom and playground, parents play an important role in helping combat bullying at school. The key to success is teaching children how to develop a resilient mindset and coping strategies before they experience negative behaviour for the first time.

Founder of *You Can Do It! Education*, Michael E. Bernard, has written a practical 'how to' guide for parents to help children cope with bullying. Balmain Public School uses the *You Can Do It!* program across the entire school.

Among Michael's advice are four practical coping strategies that parents can teach their children which include:

1. positive self-talk when faced with bullying or teasing
2. communicating to the bully that they are not being hurt by the behaviour
3. finding friends if they think bullying is likely to happen
4. seeking help from teachers and reporting the incident

Click on the following link to download Michael's *How to help your child cope with bullying: A guide for parents*:

[https://www.asg.com.au/doc/default-source/ycdi-library/bullying\\_guide\\_for\\_parents\\_fa.pdf?](https://www.asg.com.au/doc/default-source/ycdi-library/bullying_guide_for_parents_fa.pdf?)

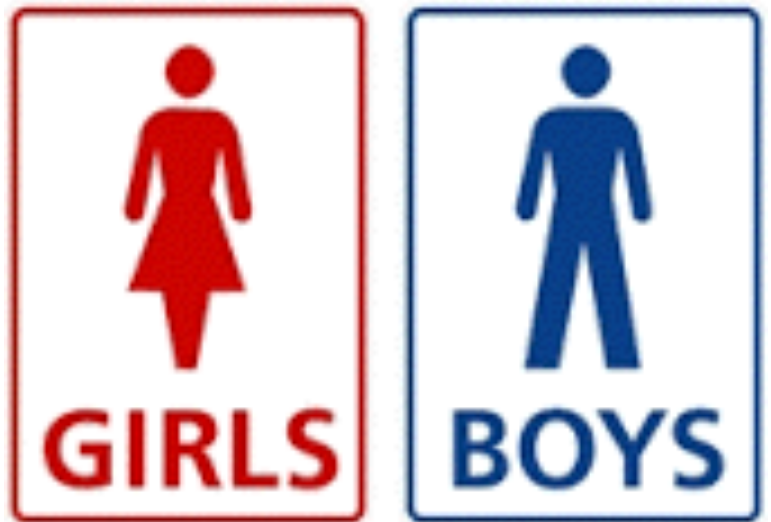
## Here's a summary of important messages for your child

- Unfortunately teasing and bullying is common
- When someone is nasty toward you, it is quite "normal" to feel upset
- It is important not to keep teasing or bullying a secret from other family members, friends and teachers who can help.
- Reassure your child of your support and availability
- If things feel out of control or if you feel in danger, remove yourself from the situation – seek a friend and report the matter to an adult
- Be aware of the negative consequences that can occur to you if you retaliate
- When someone is being mean to you, you have a choice to think negatively or positively
- When someone bullies or teases you, it is very important to think to yourself that you are still a worthwhile person.



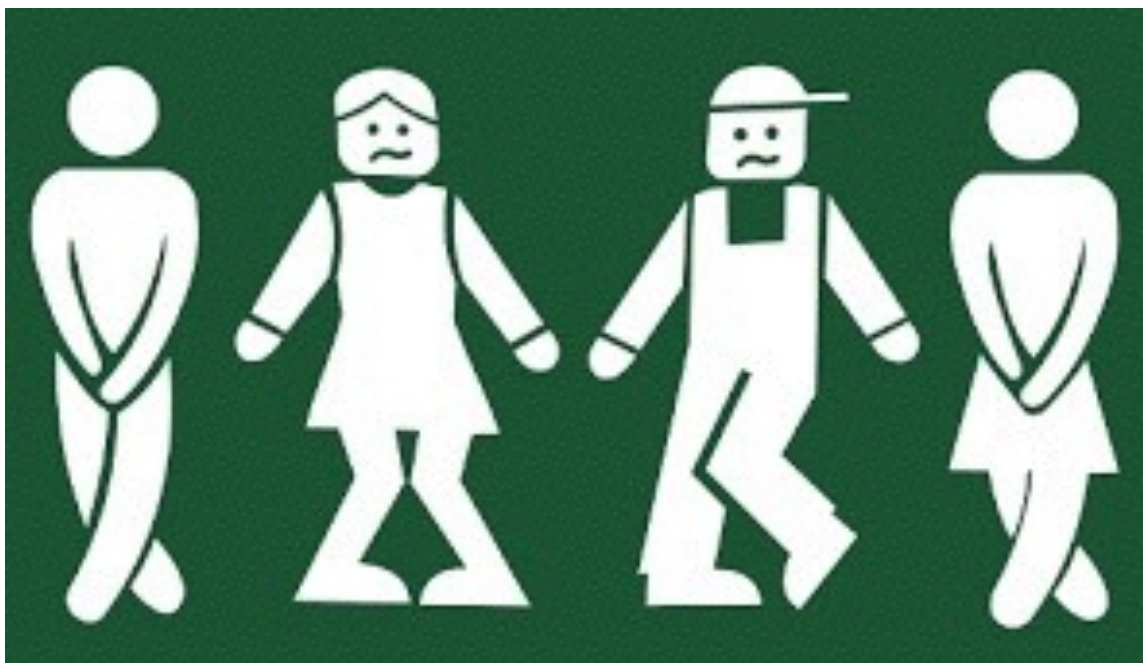
# Reminder

Please be aware that the outside toilets at Balmain Public School are for the use of children of Balmain Public School only, as well as for Father John Therry children when attending before or after-care on our site, at Eaton St Centre.



If you, or a younger (non-student) child need to use the toilets whilst on school grounds, please visit the office. You will be given a key to the adult toilet, which is located to the extreme left of the toilet block, (when facing building), closest to the pond gate.

There are also public toilets located in Gladstone Park. Thanking you for your cooperation.



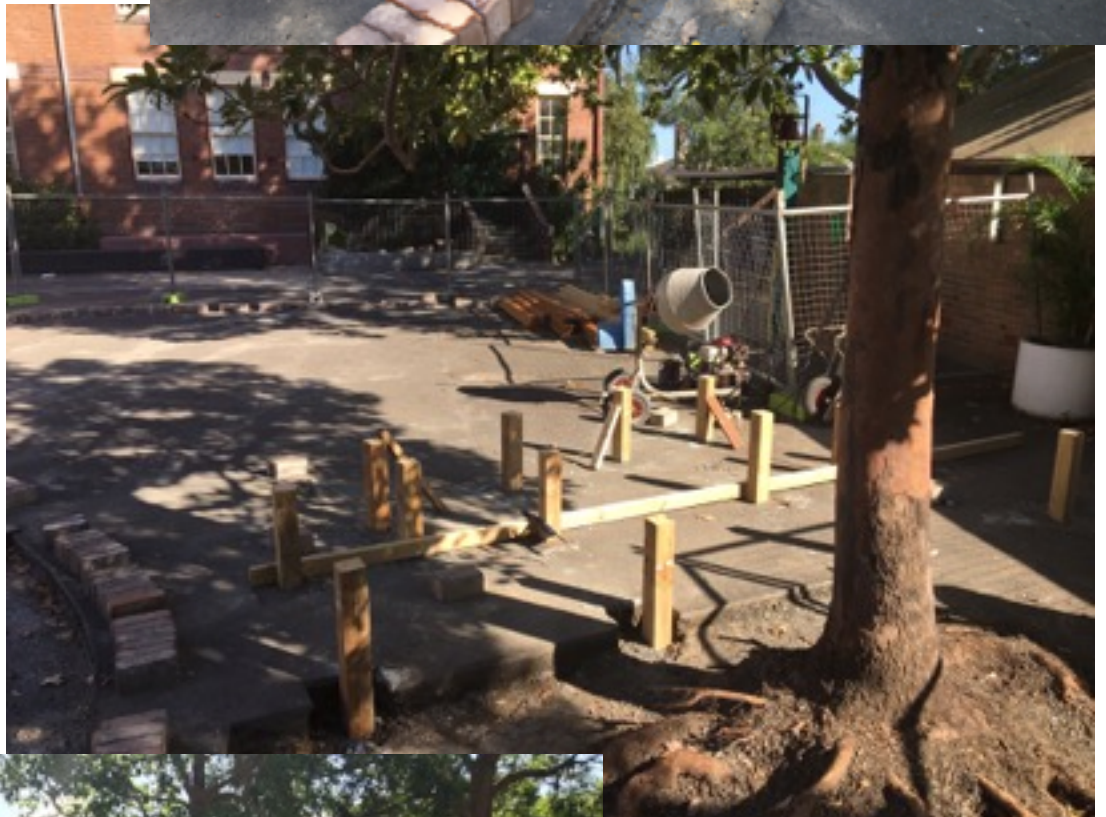


# PLAYGROUND UPGRADE...

IF YOU'VE BEEN IN  
OUR PLAYGROUND  
RECENTLY, YOU  
WOULD HAVE  
NOTICED THAT THE  
NEXT ROUND OF  
WORKS HAS  
COMMENCED...

EATON STREET  
CENTRE ARE  
FUNDING THIS  
NEXT STAGE...

WE CAN'T  
WAIT!!!





# SCHOOL HOLIDAY WORKSHOPS

Eco-Weaving & yarn crafts, paper sculpting, 'Crazy Critters' paper puppets,  
Design Your Own Pillowcase, fun 'Process Art' and more.....

April 11th, 13th, 18th 2017

years  
3-7  
or with adult

Morning workshops - 10.00am-12.30pm  
Afternoon workshops - 1.30pm - 4.00pm

Or ALL DAY options available:  
10am-4.00pm or 9am - 5pm

## NEXT TERM:

### 'ART JOURNAL CLUB'

Wednesdays: 3-5pm from 3/5/17

new  
class

### 'ART NINJAS!'

(this class is for kids who especially LOVE to draw!!)

years  
3-6



Thursdays: 3-5pm  
from 4/5/17

Why not come along and try out a  
casual class



ALL AT BALMAIN PUBLIC SCHOOL

YOUNG AT ART

For more details, please email Sally at  
[youngatartsydney@outlook.com](mailto:youngatartsydney@outlook.com)





KEGWORTH PUBLIC SCHOOL  
**AUTUMN  
F.A.R.E.**

**FOOD ARTS RIDES ENTERTAINMENT**

**SUNDAY 2 APRIL 9am - 3pm**

**cnr Tebbutt St & Lords Rd Leichhardt**

**Fabulous Food & Great Leichhardt Coffee  
Fun Activities & Thrilling Rides**

Live Music and Performances  
Fun Games Areas for kids and adults!  
Homebaked Cakes & Biscuits  
Great Prizes

Baby Animals  
Tasty Food Stalls  
Books & Toys  
Local Craft

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